

SA BROCHURE 2018

Rugby Coaching at Schools



STELLENBOSCH
RUGBYACADEMY
since 2004

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A WORLD CLASS RUGBY EXPERIENCE

We want to ensure that the standard of conditioning and skills for each age group is reached - while players have fun, and learn about certain rules and values of rugby.

Our aims:

- Provide **well-qualified coaches**, acting as role models and dads of young boys.
- Provides a high **quality skill program**, allowing players to develop specific skills to play rugby at a high level.
- Use coaching to help develop **character** (life coaching).

Louis Koen - Director of Coaching

SRA RESPONSIBILITIES

Since 2005 Stellenbosch Rugby Academy specializes to train professional rugby players, coaches, game analysts and referees. **We would like to be your partner in the different aspects of your rugby.**

SRA provide a **coordinator** for the season for all arrangements. He will do pre-planning with the school, and provide ongoing support. **Coaches** are placed with certain teams, at specific times, according to needs. Our coaches are involved in coaching and matches during the season - and also act as referees.

The Rugby Academy provides weekly **training** to our coaches - ensuring that they are timely, tidy and well-prepared. We will continuously **communicate** with the school and coaches on arrangements. We **monitor and evaluate** the coaches through regular visits. SRA will arrange **alternative arrangements** with the school in advance if coaches are not available.

SCHOOL RESPONSIBILITIES

The **school** is responsible for the organization of rugby. The school provides the necessary equipment to the coaches.

They provide a **coordinator** (rugby - organizer) for the season. All enquiries about the school's rugby matters are addressed directly to this person. He/she also acts as mentor for the coaches and handles in-service training or introduction beforehand. He / she communicate practice and match arrangements timely with players and the Rugby Academy. The coordinator signs coaches' logs, and report problems immediately.

Cost: We usually work on the school's budgeted rates. The average rates of schools per coach for the season are: R4 000 (primary schools) and R5 000 (high schools)

A GREAT OPPORTUNITY!

All negotiations, compensation and important arrangements are made via the Rugby Academy.

A full **Info Leaflet, Agreement** and **Registration form** are available on our web site. Contact us for more information on your personalized needs.

We can also assist with **conditioning, testing, referee** and **game analysing**.

Other options: See brochures on: HP Camp; Primary school Holiday clinics; Rugby Camps and Clinics.

Alie Brand - Director

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