

SA BROCHURE 2018

Rugby Coaching at Schools



STELLENBOSCH
RUGBYACADEMY
since 2004

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A GREAT RUGBY EXPERIENCE!

Rugby is a wonderful tool that shapes us for life. The very reason you are reading this brochure, is a testimony that something about this game has touched your son's soul, has ignited his passion and fuelled his spirit.

Since 2005 Stellenbosch Rugby Academy specializes to train professional rugby players, coaches, game analysts and referees. We would like to be your rugby partner too.

Let him come and live his dream!

Louis Koen - Director of Coaching

GENERAL INFORMATION

We host two fun holiday clinics for teams and individual players during the holidays:

Date and time	4 - 6 April / 11-13 July: 09:00 – 13:00 (3 days)
Place:	(Stellenbosch Primary school)
Age groups:	Grade R – 7. Players train in certain age groups. No previous rugby experience needed.
Program	Each age group will have a range of skills that must be mastered.
Caches:	SRA Coaching staff/ qualified senior students
Price:	R400 (3d) or R200 (day 1) or R100/day 2 or 3. Includes nice shirt, Certificate
Closing date/s:	RSVP 30 March / 6 July 14 July

Team receives 10% discount. Coaches can attend for free.

A TERM'S RUGBY SKILLS IN 3 DAYS!

We offer players between the ages of 5 and 13 an exciting rugby experience!

We want to ensure that the standard of conditioning and skills for each age group is reached - while players have fun, and learn about certain rules and values of rugby. It must contribute to a healthy and happy adult life.

Our aims:

- Provide **well-qualified coaches**, acting as role models and dads of young boys.
- Provides a high **quality skill program**, allowing players to develop specific skills to play rugby at a high level.
- Use coaching to help develop **character** (life coaching).

COME AND LIVE YOUR DREAM!

Pre-booking is essential. The Registration form is available on our website (documents / Rugby school clinics); or contact us for more information. Parents can also contact us if they need accommodation on campus.

We shall appreciate it if you could pass the information to interested parties (parents / school).

Other options: See brochures on: Schools Coaching; Rugby Team Camps and Clinics.

Alie Brand - Director

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