

ACADEMIC COURSES



Intro

You have **advantage** over other students, if equipped with relevant qualifications and sufficient practical experience

Whether you have a passion for **rugby** as player, coach, referee or game analyst - and want to make it your career

Or you want to combine it with other **teaching or management** courses – We offer an opportunity for you!



Different Options

Sport Coaching and Management (Gap Year course)	Sport, Recreation and Fitness Management Diploma	Other Degree / Diploma / Certificate options
SRA / Eta	SRA / Eta	Unisa, Intec, school (matric mark)
1 year	2 years (degree longer)	Depends on institution



Typical Learning Pathway at SRA

No matric exemption	Sport Coaching and Management programme (Gap year course); <i>OR</i>
	Sport, Recreation and Fitness Management Diploma (can lead to degree) <i>OR</i>
	Any Certificate / Diploma course with Intec College
Matric exemption	BEd or BCom (Unisa) or any other degree course
	Do our extra matric classes in Feb / March to get matric exemption – exam in March. (Mathematics and Science can also be done via Master Maths in town.)

Presentation

- “ SRA / Eta courses offer a balance of **theoretical study** and practical **training**
- “ Prepare students for exciting world of **sport and business**
- “ **Provided** with manual, study guide, portfolio of evidence file, PowerPoints, electronic sources
- “ Recommended tab / laptop to access additional study material
- “ Receive reports (2 / year); attendance statistics on website weekly



Career Possibilities

- | | |
|---|--|
| <ul style="list-style-type: none">• Ability to coach at junior to club level• Qualify to referee at school and club level• Game and performance analyst• Coach different sport codes• Assist with First aid / Occupational health and safety• PT presenters in schools• Fitness and conditioning coach – individuals and teams• Lifestyle consultant, present life skills• Programme designer | <ul style="list-style-type: none">• Sports Club administrator and sports facility administrator• Community sports leader and Corporate sports officer• Manager and Team manager• Sport tournament- or sport project manager• Sponsorship management, marketer• Financial management in sport environment• Player recruitment• Entrepreneurship or small business management |
|---|--|

1. SPORT COACHING AND MANAGEMENT CERTIFICATE (SRA Gap Year Course)

Introduction

Sport and Business industry is a multi-billion rand industry - creator of thousands of jobs

Definite **gap** in SA and overseas regarding top sport coaches, managers and entrepreneurs.

Aims:

- “ Train professional and innovative **coaches, referees, analysts and managers.**
- “ Equip students with practical skills to **administer, organise and facilitate sport programmes.**



Programme Overview

Program takes **1 year full-time** on campus

Following **modules** are included in your course:

THEORY (Eta)	
Sport Entrepreneurship	Entrepreneurial competence, Financial management
Sport Administration	Business administration / systems management, Time management, Managing service providers, Supervising a facility, Controlling office fraud
Health and Safety	Safety and emergency management, HIV/Aids in sport and fitness
Sport and Recreation Leadership	Values and ethics in sport, Motivation and team building, Adapt available spaces as sport / fitness facilities, Develop sport programmes, Organise sport activities, Promote sport activities, Lead community sport activities

Programme Overview

PRACTICAL (SRA)	
To gain confidence while learning, students complete a range of 200h practical through work-based learning:	
Courses	Coaching (World Rugby level 1), SARU Boksmart Safety, Concussion / Keep Rugby Clean, Laws of the Game
Work	Extern, intern
Short courses	See list



2. SPORT, RECREATION AND FITNESS MANAGEMENT DIPLOMA (Eta Course)

Aims of Course

Work in the field of sport coaching, sport management, sport administration

Be trained as a professional and innovative **coach, referees, analysts or manager**

Also work in schools, sport clubs or in private institutions; sport events, sports, recreation and fitness facility management, single and/or multi-sport clubs, sport team management and community based sport development and mass participation programmes.



Content

Two year programme - 5 modules:

Business Management of Sport, Recreation and Fitness:	
Sport, Recreation and Fitness Business Organisations	Understand the principles of business and financial management as well as marketing and its relationship to sport, recreation and fitness. Learn to write marketing strategies, understand business strategies and how to operate a business.
Sport, Recreation and Fitness Facilities	Apply financial strategies and planning to different sport environments. This includes budgeting, management of funds, revenue strategies and the application of good governance.
Event and Project Management of Sport, Recreation and Fitness:	
Events, Tournaments for Sport, Recreation and Fitness	Always an exciting industry to be in; this module will teach you how to plan, implement and manage a range of small sport events, manage volunteers and risk.
Mass Participation programmes:	Principles of mass participation, different sport activities and how to activate groups and communities into sport.
Team management, Tour logistics	Understand the logistics and management of sport tours, as well as the principles of sport tourism and strategies.

Content

Sport Sociology:	
Introduction to Sport sociology:	Understand how sport interacts with society through sport sociology, social interaction and sport, as well as social issues and the effect of sport. Apply this knowledge to sport and recreation studies, human resource management, sport development programmes and management of sport.
Sport Informatics:	
Introduction to Sport informatics:	Skills to operate a PC and relevant software packages. Understand the management of information and how sport statistics are incorporated into a variety of environments to enhance sport, monitor the development of sport and increase participation in sport.

Content

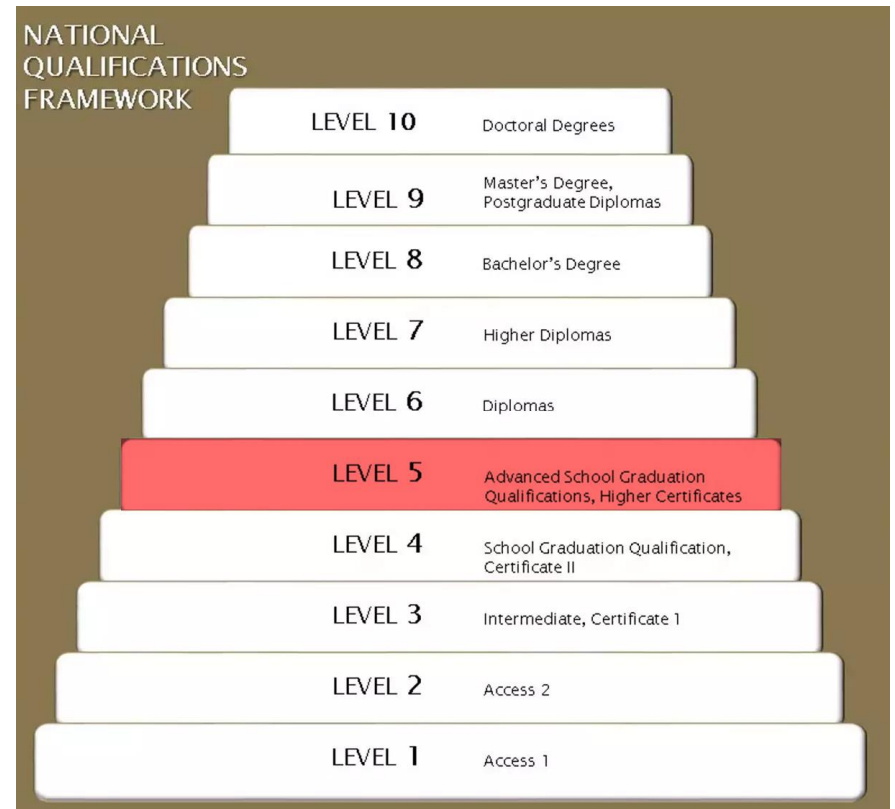
Practical (SRA)

To gain confidence while learning, students complete 200h practical through work-based learning:

Courses	Coaching (World Rugby level 1), SARU Boksmart Safety, Concussion / Keep Rugby Clean, Laws of the Game
Work	Extern, intern
Short courses	See list

Accreditation and Certification Requirements

- “ NQF level 5 programme - accredited by Council on Higher Education (CHE)
- “ 120 credits



Learning Pathway

Lead to an:

- “ **Advanced Certificate** (year 2)
- “ and **Diploma** (year 3)
- “ and **Degree**.



3. UNISA: BEd, BCom
(or other degrees)

Intro

Unisa has variety of accredited **degree, diploma or certificate** courses

BEd and BCom most popular courses

We provide each student with a staff member to act as his mentor - to assist that studies will be successful

Apply end September at Unisa (R100) - just to keep options open

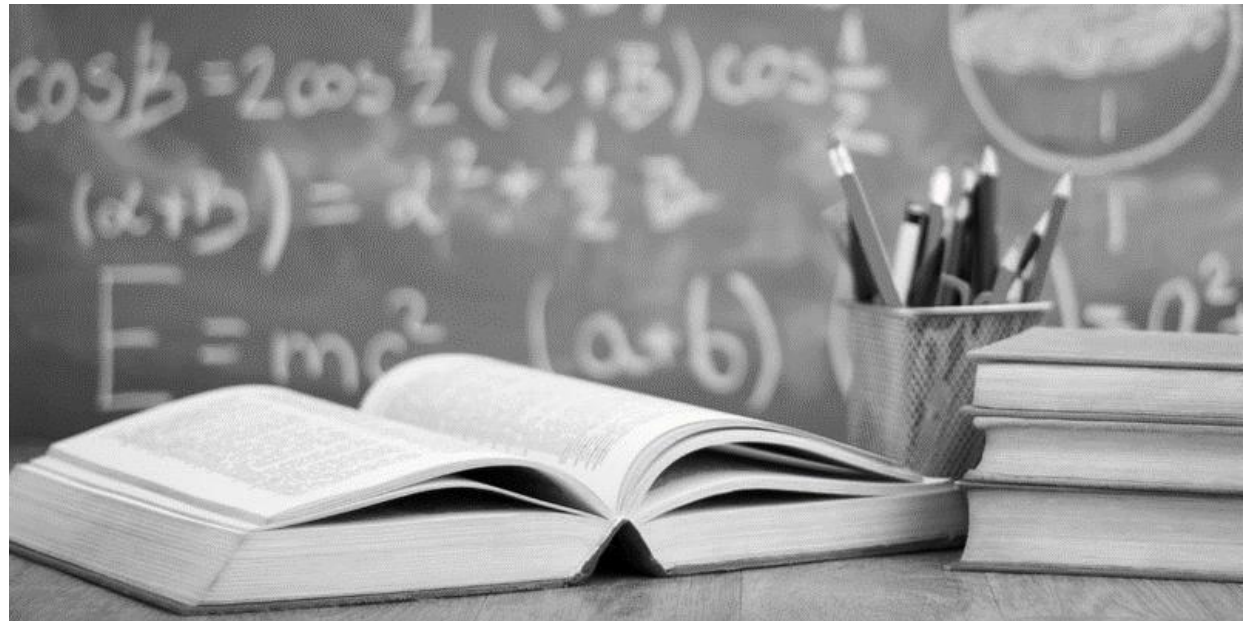
Cannot be done at a later stage

Register next year end January or June for a specific course



Bachelor of Education - Intermediate Phase (4 years)

- “ **Huge need** in schools for well-trained male teachers and coaches – **Certain job!**”
- “ Bachelor of Education Degree focuses on the education & training of Grade 4 – Grade 9 learners”



4. INTEC COLLEGE (computer to technical studies)

Intec College

- “ Offers widest range of distance-learning courses in **computer to technical studies**
- “ Modern, accredited SA College with solid track record spanning more than 100 years
- “ Courses are relevant and adaptable
- “ **SRA supply mentors for students**
- “ **INTEC ongoing study support and individual attention from qualified tutors.**



5. MATRIC / UNIVERSITY OF STELLENBOSCH

Matric / University of Stellenbosch

We offer a unique **Support program** in January / February

Assist students in the **Supplementary Exam** to obtain their matriculation -exemption or better their marks

Register asap with the Department of Education (Luckhoff Sec. in Stellenbosch is Exam centre)

Write the supplementary exam in March (other June)

Mathematics and Science can also be done in town by **Master Maths**

Study via **Unisa** (certain subjects are recognized by US)

Or study the next year at **US**



UNIVERSITEIT
STELLENBOSCH
UNIVERSITY



6. SRA PRACTICAL SHORT COURSES

Stay On Top of Your Game!

- “ We offer a variety of extra great short courses
- “ It gives you chances to be head and shoulders above the rest in the industry
- “ Brush up on your coaching and management skills!
- “ Courses will be presented during the year
- “ Students / parents will be informed in advance
- “ **Can form part of practical too!**



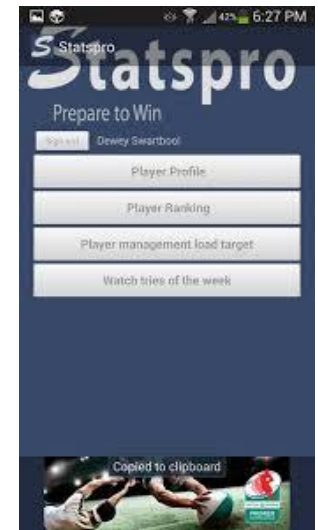
External Courses

COURSE / INSTITUTION / WEB	CONTENT
World Rugby Coach (level 2), www.pasport.worldrugby.com	Theory (course), practical at schools/clubs
World Rugby 7's (level 1, 2), www.pasport.worldrugby.com	Theory (course), practical
World Rugby Ref (level 1, 2), www.pasport.worldrugby.com	Theory (course), practical at schools/clubs
Tag Rugby, www.tagrugby.co.za	Theory (course), practical, referee



External Courses

COURSE / INSTITUTION / WEB	CONTENT
Performance Analysis, www.statspro.co.za	Filming/coding, use analysis software, talent ID/player scouting, use rugby data, player management, player profiles/cv
Internships, www.xchangesa.com	33 categories – student choose
Sport massage, www.eptrecovery.com	Massage, strapping / taping
SARU Rugby Medic, www.emp.co.za	Treat injured players as stand-by medical staff, coaches, referees & parents
Sport courses, www.etacollege.com	Fitness instructor, speed and agility, kettle bell, combat trainer, Olympic lifting, suspension training



External Courses – Online Courses

COURSE / INSTITUTION / WEB	CONTENT
Succeed Academy (SA), www.succeedgroup.co.za	Business, marketing, HR, selling, compliance, customer service, health/safety, life skills, SMME
Shaw Academy (Ireland), www.shawacademy.co.za	Photography, fin, health/wellness, marketing, IT, music, business (lot of free courses too)
MOOC's (overseas)	Free online courses from more than 800 top overseas universities
Social Media, www.thyslombard.co.za	Practical (FB, twitter, Instagram), photography
Sport Chaplin, www.sportschaplaincy.org.za	Mentoring, Stress / crisis management support /recovery, Home / hospital visitations, Grief, loss & bereavement care, Family care & support, Relationship preparation / care, Life skills support

Other options: **IRB Conditioning (1, 2), Crossfit: WBC**

Internal Courses (SRA)

COURSE / INSTITUTION / WEB	CONTENT
Club Management	Officials, planning, facilities, fin, fundraising, marketing, match day, codes of conduct, recruitment/contracts, player/member welfare
Career planning	How to get a job, CV, application letter, job interview



Other options: LO/PT in schools, sport / rugby organizer, chaperone/teamwork – WBC

Compulsory

COURSE / INSTITUTION / WEB	CONTENT
World Rugby Coach (level 1), www.pasport.worldrugby.com	Enable coaches to acquire basic skills so that players new to the game learn to play in safe, enjoyable competition.
World Rugby Laws of Game, www.pasport.worldrugby.com	Know what is necessary to play Rugby correctly and fairly.
SARU Boksmart, www.boksmart.com	Providing coaches, referees, players, and administrators with the knowledge, skills, and leadership abilities to ensure that safety and best practice principles are incorporated into all aspects of contact rugby.



Online: Laws of the Game, Rugby Ready, Concussion Management form part of Rugby program.

7. SUMMARY

Summary

A specific internship helps that you do not stay unemployed or start with a wrong career choice

Specialize in practice what you learned theoretically - get relevant work experience

Meaningfully round off the training phase of student's career - ready for their new phase of life!

Strongly recommend that students complete this year.

Good job!

